Career Compass

**Objective**

This experiential workshop supports PhDs and postdocs through the essential stages of designing their future careers. They will gain a deeper understanding of who they are, what matters to them, and how to translate their scientific prowess, high self-motivation and academic experience into a meaningful and rewarding career. As a result of this workshop, participants will walk away with a higher sense of self-awareness and clarity on what they want, they will feel more confident in their ability to make a change, more motivated to get into action, and clearer about how to do so.

**Description**

In this workshop PhD candidates and postdocs learn to build a career from “inside out”: starting from their inner strengths and skills, their dreams and motivations, they gain insights into what it is that makes them unique; they recognise the power of relationships and their unique impact on them; mobilise this new self-awareness to create a personal and professional vision for themselves; and apply powerful tools as they make their first practical steps on their career paths.

Under the guidance of two experienced Workshop Leaders participants will work amongst other on the following topics:

1. **Knowing yourself**: To build a sound basis for a systematic career development, participants gain insights on what makes them unique and connect to what matters most to them.
2. **Envisioning yourself**: Participants create a concrete personal and professional vision for themselves.
3. **Making an impact**: After connecting to their inner motivational resources, participants will work on their impact.
4. **Rebounding quickly**: Participants will discover how to deal with challenges and setbacks.
5. **Start and keep going**: While participants will start with practical work on their careers during the workshop they will also learn how to do so in the future throughout their careers.

**Methodology**

The methodology of the Career Compass is highly interactive to make learning and self-discovery engaging, fun and effective. Based on the pioneering Co-active® Coaching model the workshop champions an approach of experiential learning, integrating exercises and activities from proven career-based methods and various leadership training tools. Participants will be challenged and supported as to gain further insight and clarity about themselves, as well as the means required to start pursuing a career.

**Organizational Information**

<table>
<thead>
<tr>
<th>Language</th>
<th>English</th>
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<tbody>
<tr>
<td>Target group</td>
<td>Advanced Doctoral Candidates and Postdocs from all faculties</td>
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| Date | Tuesday, 21. November 2017, 9:00-18:00  
Thursday, 7. December 2017 9:00-18:00 |
| Registration | For registration click here |