

Elementary  
Advanced  
Postdocs

## Conflict Management

Trainer



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Has been leading people-management workshops for over 15 years in academic as well as in business environments.

### Objective

To minimise and manage conflicts

### Description

Some workplace conflict is inevitable. Wherever your career takes you, it is essential for success to be able to negotiate well and effectively manage conflict before it escalates. The problem is that difficult people are ... well ... difficult.

Dealing with situations where all the people involved are calm and open is fairly easy. However, people are rarely always calm and completely open. Hidden agendas, preconceived ideas, emotional history and the emotion of the moment make conflict resolution in the real world a lot more difficult. Time and energy spent on conflict is time and energy not spent on work, study or research.

In this workshop, participants will learn how to minimise and manage conflict. The workshop covers special techniques for understanding hidden motivations and strategies for responding to the conflict commonly encountered in the workplace.

The workshop will also cover non-aggressive and non-confrontational techniques for ensuring the improvement and maintenance of productive, harmonious working relationships.

### Methodology

The workshop is not a lecture but rather draws on the personal experience of all participants as well as that of the trainer, thereby ensuring that the training is specific for and relevant to the participants' individual needs.

The workshop will be a structured discussion forum to facilitate ideas and develop strategies.

The workshop will be very interactive. Expect to be asked lots of questions, to be challenged, and to participate!

### Organizational Information

Language	English
Target group	Doctoral Candidates at all stages and Postdocs from all faculties
Date	Monday, 29 October 2018, 9:00 – 17:00
Registration	<a href="#">For registration click here</a>