

## Regulations for international researchers entering Germany: Quarantine Regulations

You are required to provide your address during your stay at <https://www.einreiseanmeldung.de>, to carry proof of it with you when entering the country and to present it upon request.

Please check whether your country of entry is classified as a risk area, a high incidence area or an area of a variant of concern. You can find the latest list here: [https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Risikogebiete\\_neu.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html)

### Overview of the entry regulations:

#### Coming from a risk area:

If you have spent time in a risk area at any specific period within 10 days prior to entry, you must be in possession of a negative test result no later than **48 hours after entry**. Further, you must enter a **10-day-quarantine** (home isolation) immediately upon arrival.

According to the regulations in the state of Hesse at the earliest after **the fifth day after entry**, the 10-day quarantine can be terminated if a negative test result regarding infection with the coronavirus SARS-CoV-2 can be provided. Please regard: It might take some days until you receive the test results.

#### Coming from a high incidence area or an area of a variant of concern:

You must bring proof of a **negative test upon entering** the country, the test must have been performed no more than 48 hours prior to entry.

If you enter from a high incidence area the same **quarantine** rules as stated above are mandatory.

**Attention:** A **travel ban** is still imposed on people entering from an **area of a variant of concern**. Please inform yourself if your country of entrance is affected by the travel ban or if you qualify for the few exceptions.

More detailed information can be found here:

- <https://www.auswaertiges-amt.de/en/einreiseundaufenthalt/coronavirus>
- <https://www.bundesgesundheitsministerium.de/coronavirus-infos-reisende/faq-tests-Einreisende-englisch.html>

#### Reduction of the quarantine period for persons who have been vaccinated, recovered from an infection, or have tested negative:

The requirement to quarantine applies to arrivals from risk areas and high incidence areas until proof of full vaccination, recovery from an infection, or a negative test result is

submitted via the entry portal of the Federal Republic of Germany ([www.einreiseanmeldung.de](http://www.einreiseanmeldung.de)).

For arrivals from high incidence areas, the quarantine period may be ended on the basis of a negative test carried out **no earlier than five days after entry**.

For persons who have been **vaccinated or have recovered from an infection** and arrive from a high incidence area, mandatory quarantine ends immediately after submitting proof of vaccination or proof of recovery.

For arrivals from areas of a **variant of concern**, a reduction of the quarantine period is not possible. In such cases, the quarantine period is always 14 days.

### 1. [Please find here a list of test centres in Frankfurt](#)

You can search for test centres via this website: [www.corona-test-hessen.de](http://www.corona-test-hessen.de)

#### a. **The German Red Cross (Airport):**

- It is not possible to take appointments. Please go straight to the testing station and register there while presenting your boarding pass.
- The Test Centre is located right at the airport on the pedestrian bridge connecting Terminal 1 and the long-distance train station. (Opening hours: daily 5:30 a.m.-11.30 p.m.)

#### b. **Centogene (Airport):**

- After [registering](#) via the Test Portal, a throat swab can be taken at the Airport Test Centre without prior appointment.
- Please bring your registration, face mask, and passport. Please do not eat, drink, or brush your teeth within 15 minutes before the test.
- For further information on the test centres, please visit the following website of [Lufthansa](#) and the [Airport](#).

#### c. **Arbeiter-Sameriter-Bund (ASB):** <https://www.asb-frankfurt.de/unsere-angebote/corona-testcenter>, Am Opernplatz 2, Frankfurt City Center

#### d. **Deutsches Rotes Kreuz (DRK):** <https://drk-frankfurt-testcenter.de/>, Festplatz am Ratsweg, Frankfurt Ostend

#### e. Some **General Practitioners** offer the test, too. Please find here a search engine for medical doctors in Hesse: <https://arztsuche Hessen.de/arztuche/arztuche.php?page=erweiterteSuche&default=true>

### 2. [Additional recommendation by the Goethe University](#)

In order to reduce the chances of an unnoticed infection, Goethe University recommends home quarantine until five days after entry. If no symptoms appear until then, you may enter the university's premises. After five days an additional test should be done to rule out an unnoticed infection (e.g. at Frankfurt Airport; see points 2. Covid-19 Testing at the Airport and 4. Home Quarantine).

### 3. [Home Quarantine](#)

In principle, you are required to proceed to your home or another suitable

accommodation immediately after your arrival and remain in quarantine for a period of 10 days. After five days of quarantine at the earliest, you can be tested for SARS-CoV-2 to end the quarantine obligation with a negative test result.

Your local health office needs to be informed of your arrival in Germany. If you arrive by plane, the airline will automatically notify the health authorities after your arrival. Otherwise please contact the responsible authority **before your arrival to Germany**, usually the local health office (“*Gesundheitsamt*”) of [your place of residence](#). If you live in Frankfurt, please send an E-Mail to [corona@stadt-frankfurt.de](mailto:corona@stadt-frankfurt.de) with the following information:

- a. first- and surname
- b. date of birth
- c. your address in Frankfurt
- d. phone number
- e. the country you are arriving from
- f. date of entry in Germany
- g. as well as any symptoms you may have.

**You are allowed to use public transportation on your way to quarantine.**

**Please note:** If you are obliged to go into quarantine and need help with doing your groceries, please contact the GWC ([welcome@uni-frankfurt.de](mailto:welcome@uni-frankfurt.de)) as soon as possible, ideally before your arrival. The International Office of Goethe University offers a **Home-Isolation-Buddy-Program** for internationals. If you want to make use of this service, you should have money in cash (Euro) available so that your HI-Buddy can do your groceries.

#### 4. [Tests for departing passengers and visitors: PCR-Test and Medical Certificate issued at Frankfurt Airport](#)

You can find paid offers for tests at the airport, e.g. if you want to travel abroad.

- a. **Centogene:** In a [test centre](#) at the airport, you can both complete the RT-PCR test as well as receive a medical certificate.

Please [register](#) for the test in time. You usually receive the result within

- i. 8-10 hours (standard test, 59€)
- ii. 4 hours (express test, 139€).

In addition to the negative test, some federal states in Germany require a medical certificate issued by a doctor confirming the test results (If you are going to stay in Hesse, you do not need such a medical certificate; otherwise please check the quarantine regulations in your destination). The medical certificate costs another 25€ and can be issued by a doctor at Frankfurt Airport on weekdays from 9 a.m. to 5:30 p.m. and on weekends from 9 a.m. to 5 p.m.

- b. [Medical Centre](#) (Fraport): The Medical Centre at the Airport provides three different tests:
  - i. Voluntary nose/throat swab (molecular PCR test) to detect a potential infection with the SARS-CoV-2 virus and medical

examination, including when there are no signs of infection - approx. 240€

- ii. Voluntary combined antibody test and nose/throat swab for SARS-CoV-2 and medical examination - approx. 248€
- iii. Voluntary antibody testing by a certified laboratory and medical examination; currently, this is not a rapid test - approx. 111€ (**this is not a PCR-Test**)

You can register for an appointment via this [link](#).

Please be aware that you have to cover the costs of these tests by yourself.

## 5. Entering Germany without having been in a risk area

If you enter Germany without having been in a risk area during the last 10 days prior to your entry and you do not show any symptoms, you are not affected by the above-mentioned requirements. However, if you show symptoms, please follow the instructions under point 4. Home Quarantine.

### Further Information:

#### Registering with the city

- After entering Germany and moving into your apartment, you must register your residence with the city within 14 days. If you have to go into quarantine, you have up to four weeks.
- Due to the Covid-19 regulations, you need to make an appointment for the registration online. The time slots are open two days in advance (from 00:00 o'clock) and are usually booked out quickly (more [Information](#) and [booking](#)).

For further information on entering Germany during the Covid-19 pandemic, please visit the website of the [Federal Ministry of Health](#) and the [Robert Koch Institute](#).

For further information on the regulation regarding quarantine in Hesse please see the following link: [Quarantine in Hesse](#)

Please visit the web page of Goethe University for information on the university's policies concerning the pandemic:

[Information on Covid-19 regulation at the Goethe University](#)