

## Public Speaking and Stage Presence: Theater-based Training for Video Conferences

### Objective

Learn to become a more confident speaker, to use body language and voice tone to really connect with people through dynamic face-to-face interactions. However, if you don't pay careful attention to your body language and tone of your voice, you might convey some meanings that you didn't intend.

### Description

- How to succeed at video-conferencing with engaging body language that underlines your message?
- How can you connect with your partners using your body language and voice and make your message matter in English?

With this theatre-based online training you will enhance your interaction and presentation skills for better video conferences. Public speaking is a key skill, whatever your profession or faculty might be, and a path to recognition and success. Stage coaching can help you reach the next level of influence.

This online workshop helps

- to discover body language, mimic behavior and voice tone and use it in a smart, engaging way,
- to discover and increase confidence, control and charisma when presenting ideas, options or solutions, when listening to others.
- to practice and optimize key messages to attract the audience.

### Conditions

You need to bring along concrete examples to work with and improve, as the practical application of tips and tricks and techniques to your own presentation is at the heart of the workshop process.

In order to ensure a successful training, it is not possible to attend the workshop if you come later or have to leave earlier.

### Trainer



**Lenka Wolf Peleteiro, M.A.**  
theater-based training

- Trainer and theater pedagogue with a strong sense for life-long learning. She has extensive work experience in theater and in the field of further training for various professional groups
- Owner of the theatre based training Lenka Wolf, Frankfurt
- Owner and principal of the drama schools Stagecoach Frankfurt Südost and Dreieich for children and adolescents. Head of Team, Program Development, Dramaturgy and Theater Plays
- Working as a freelancer since 2005

### Organizational Information

Language	English
Target group	Doctoral Candidates at all stages and Postdocs from all faculties
Date	Monday-Tuesday, 24-25 January 2022, 10:00 – 13:00
Registration	<a href="#">For registration click here</a>