

"At the beginning of a new chapter like the PhD you often feel lost and your next steps are hidden in the complexity of modern science. The *Get Started* workshop helped me to clarify my goals, equipped me with tools to achieve them and to plan the upcoming period of my PhD. It provided a nice overview on the preparation of an exposé, on how to approach potential difficulties and techniques for efficiently managing your time. By the interaction with fellow PhD candidates from different fields of study I was able to overcome the initial hurdle of self-motivation and together with many useful tips I feel well prepared for the time to come."

Philip Sommer
PhD Candidate
Physics - Goethe University



Get Started Identifying Opportunities and Challenges – Setting the Compass

Objective

Doing a doctorate is a complex and long-term project. If you plan correctly, you will be ready for an expedition on the sometimes winding paths through the world of research.

An important prerequisite for a successful doctorate is a systematic approach. In addition to defining personal goals, this includes setting up a good supervisory environment, determining a suitable doctoral topic and an initial conception of the work stages. This way, the classic stumbling blocks won't throw you off track and you can ensure lasting motivation.

Description

In this workshop, the participants will clarify the central requirements of their doctoral situation and recognize in which areas there is still catching up to do.

The focus will be on the following points:

- The basics of the start-up phase: developing constructive objectives
- Doctoral research as a process: demands and stumbling blocks
- Impetus for the years that follow: the right PhD topic
- Maintaining a relationship: dealing with your doctoral supervisor
- Contacts in academia: the thesis committee and further supervisors
- My skills profile: what additional qualifications do I need – for now and later?
- Get started: my next steps

Methodology

The workshop will be adapted to the specific knowledge and needs of the participants, which will be determined in advance via an online form.

This course is practice-oriented and includes knowledge input as well as active and interactive parts, such as dialogues, individual and group work, and role plays.

Organizational Information

Language / Format	English / On campus
Target group	PhD Candidates in the early days of their doctorate from all faculties
Date	Thursday, 25 May 2023, 9:00 – 17:00 Friday, 26 May 2023, 9:00 – 16:00
Registration	For registration click here

Trainers



Dr. Carmen Ulrich
GOLIN WISSENSCHAFTS-
MANAGEMENT, Berlin

Professor Dr. Carmen Ulrich is a trainer for GOLIN WISSENSCHAFTS-MANAGEMENT, Berlin, a consultant for internationalization and quality management at the Bergische Universität Wuppertal and a freelance lecturer, author, and business coach with more than 20 years of experience at various universities in Germany and abroad. She works primarily in the areas of interculturality, conflict coaching, team communication, time management and career counseling. Her fields of professional activities include academic teaching [literary and cultural studies], project management, personal and scientific advice, and training.



Dr. Sybille Küster
GRADE – Goethe Research
Academy, Frankfurt

- Has extensive experience in scientific management and in strategic education of ECRs at international & national level
- Research and teaching experience at the Universities of Hannover, Bochum, London (SOAS), Harare and Johannesburg