

Intercultural Communication through Improvisational Theatre

Objective

This workshop is designed for participants from various cultural backgrounds. It provides both a playful learning experience to intercultural awareness and successful communication, and an understanding about dynamic cultural models.

Improvisational theatre exercises build a flexible mindset as a unique way to prepare for a new way of living together. It offers a dynamic way to deal with the questions:

- What will they think of me?
- How can I interact without feeling stressed?

This workshop provides a framework for considering other possible interpretations and mastering a variety of challenging social situations. A dynamic way to change the perspective and to really connect with others.

Description

In the world of Improv theatre we learn the mindset of responding, to the best of our abilities, to whatever is presented. Through 'Improv' exercises, we can learn to give ourselves this initial moment to pause and open up where we are and with whom we are interacting. By working with this method, we build acceptance and openness to new ideas. By playing with scenarios in a relaxed atmosphere, we can work through the specific challenges the participants are dealing with to help them. The input of the trainer completes the experience and helps to deeply understand and act with intercultural competence. Participants experience a shift in their understanding and behavior - making sure everyone's voice is heard.

Content:

- Theatre games to warm-up in the group and approach diversity in a playful way
- Understanding dynamic cultural models and communication styles
- Step into the other person's idea / mindset
- Partner and group 'Improv' exercises
- Improving observational, listening and non-verbal skills
- Role-play sessions and feedback from both the trainer and participants
- Exploring diversity as a resource and a possibility for personal development and collective cooperation

During the workshop we create a safe and playful space and a personal relationship with participants. It is not a lecture but rather draws on experiential learning of all participants as well as that of the trainer. It will be very interactive, lots of exercises in small groups and in plenary.

Expect to be challenged, expect to participate, and expect to be listened!

Trainer



Lenka Wolf Peleteiro, M.A.
theater-based training,
Frankfurt

Lenka Wolf is a professional facilitator and theatre pedagogue, native in two, fluent in four languages.

She has a long standing experience in both the field of education from school to postgraduate and corporate companies and organizations in Europe.

Lenka leads workshops with a strong sense for long-life learning and interdisciplinary work. She supports groups and individuals in building up their skills for the professional stage, body language, creativity, team spirit and intercultural competence. She also runs Train-the-trainer and loves the development of community education for organizations.

Organizational Information

Language / Format	English / On campus
Target group	Doctoral Candidates at all stages and Postdocs from all faculties
Date	Wednesday-Thursday, 31 May-1 June 2023, 9:00 – 16:00
Registration	For registration click here