5th International Congress of Egyptian Arthroscopy Association
EGAA
In collaboration with European Society of Sports Traumatology, Knee Surgery and Arthroscopy

21st – 23rd February 2017
Intercontinental city stars. Cairo - Egypt

Emirius President of the EGAA
Prof. Ahmed Abdel Aziz

Honorary President of The EGAA
Prof. Adel Hamed

President of The Congress & EGAA
Prof. Roshdy El Sallab

Congress General Secretary & EGAA Vice President
Prof. Hossam El Shafei

Program Book
Dear colleagues

On behalf of EGAA board, and myself; I would like to share all of you our annual international conference 2017; with more and more updates in our ARTHROSCOPIC surgery science. This year, the conference will be in collaboration With one of International societies: ESSKA (European society for knee and Arthroscopic surgery).

Actually, I appreciate the tremendous efforts made by all EGAA board especially professor Adel Hamed; Hossam Elshafie; Ayman Ebid; Mohamed Aboelnour; Mohamed Gamal and professors who were leaders of EGAA for years.

I pray Allah to help us to transfer experience and update scientific knowledge to all Orthopaedic surgeons from the very high level speakers who are Egyptians and from different countries;

Dear colleagues: our success is your satisfaction

Sincerely

Prof. Roshdy El Sallab

President of EGAA
Welcome Message

Dear members and friends of the Egyptian Arthroscopy Association, Dear colleagues and guests,

We are looking forward to welcome you at the 5th annual meeting of the Egyptian Arthroscopy Association (EGAA) in Cairo.

The EGAA international meeting contains instructional lectures presented by eminent international and national lecturers as well as papers presentations and symposiums. We are aiming to discuss the latest innovations in the field of sport injuries and to meet the industry to know the latest implant design.

By attending this meeting you can provide your patients the best care according to the latest international standards.

We hope you enjoy your stay in Cairo and return home safely.

Sincerely

Prof. Hossam El Shafei

Vice President of EGAA
**Executive Board**

Emaritus President of EGAA
Prof. Ahmed Abdel Aziz

Honorary President of EGAA
Prof. Adel Hamed

President of EGAA
Prof. Roshdy El Sallab

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Past President of EGAA

Prof. Ezzat Kamel
Past President of EGAA

Prof. Hesham El Kady

Ass. Prof. Mohamed Gamal Morsy

Dr. Mohamed Abou El Nour
International Guest Speakers

Anant Mahapatra  
Ireland  
MS (Orth),FRCS, MCh (Orth),FRCS(Orth)  
Consultant Orth. Surgeon  
Hon. Sr. Lecturer.  
RCSI Dublin North East.

Andreas Imhoff  
Germany  
Professor of Orthopedic Surgery and Traumatology, Director Department of Orthopedic Sports Medicine  
Hospital Rechts der Isra University of Munich

Basim Fleega  
Germany  
Director GOC Orthopedic Hospital Bonn

Chris DiGiovanni  
USA  
Associate Professor and Vice Chairman (Academic Affairs), Harvard Medical School  
Chief, Division of Foot & Ankle Surgery  
Depts. of Orthopaedic Surgery, Massachusetts General Hospital and Newton-Wellesley Hospital

Fillip Bataillie  
Belgium  
Orthopedic Surgeon, General Hospital St-Elisabeth, Herentals, Belgium
FrancescoAllegra

Italy

Medical doctor and associate professor at University La Sapienza of Rome, seat of Latina, Italy

Ji SOON Park

UAE

Consultant Physician, Orthopedic Surgery, Sheikh Khalifa Specialty Hospital, UAE

Joan Carlos Monllau

Spain

Head of the Department of Orthopedics and Traumatology
Hospital del Mar
Head of the Knee & Arthroscopy Unit
ICATME - Hospital Universitari Dexeus
Professor of Orthopaedics
Universitat Autònoma de Barcelona - UAB
Vice-General Secretary
European Society of Sports Medicine, Knee and Arthroscopic Surgery - ESSKA

Joerg Jerosch

Germany

Professor of Orthopaedic Surgery and Traumatology
Director Department of Trauma and Orthopedic Sports Medicine, Hausanschrif.

Joo Han Oh

Korea

Chief of Shoulder Surgery Division, Department of Orthopaedic Surgery
Seoul National University College of Medicine, Seoul, Korea
Director of Upper Extremity Service, Joint Reconstruction Center
Seoul National University Bundang Hospital, Korea
Roman Brzoska  
Poland  
Head of the Upper Limb Department, St. Lukas Hospital, Bielsko-Biała, POLAND

Pietre D Hooghe  
Belgium  
Orthopaedic surgeon  
Ass. Chief of Surgery for Research  
President ISAKOS F&A Committee

Marc Tey  
Spain  
Hip Surgery  
Orthopedic Department, Hospital del Mar  
iMove Traumatologia, Clínica Tres Torres  
Barcelona, Spain

Winfried Banzer  
Germany  
Dean  
Head of the Department of Sports Medicine  
Goethe University Frankfurt

Peter Schaferhoff  
Germany  
A specialist of orthopedic surgery, sports medicine and chiropractic therapy, He also holds a degree in sports science.
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21ST
February 2017
Tuesday

Registration

08:00
08:45

Opening Ceremony

08:45
09:00

Prof. Ahmed Abd El Aziz
Emaritus president of EGAA

Prof. Adel Hamed
Honorary president of EGAA

Prof. Roshdy El Sallab
Congress president
EGAA president

Prof. Hossam El Shafei
Congress general secretary
EGAA vice president
Chairpersons

Abd El Aziz El Singergy
Joerg Jerosch
Mohamed Zada

09:00 – 09:10 The current evidence of injectable therpaies for treatment of early arthritis PRP VS Hyalouronate
Khaleel Hasan Khaleel

09:10 – 09:20 When to involve the distal femur in realignment osteotomies around the knee
Akram Eldawodi

09:20 – 09:35 Arthroscopic Cartilage management with a cell free device
Joerg Jerosch

09:35 – 09:50 Cartilage treatment in high performance Athletes
Peter Schaferhoff

09:50 – 10:00 Discussion
Session II
Debates around ACL reconstruction: (Different techniques)

Chairpersons
Ahmed Abd El Aziz
Ayman Ebied
Peter Schaferhoff

10:00 – 10:15  Acute ACL repair fixation methods
Ahmed Waly

10:15 – 10:30  ACL reconstruction with internal brace ligament augmentation
Peter Schaferhoff

10:30 – 10:45  Transtibial versus anteromedial portal technique
Aymen Ebied

10:45 – 10:55  Discussion

Coffee Break  10:55 – 11:25
Session III
Strategies for bone defect in the treatment of anterior shoulder instability

Chairpersons
Ahmed Abd El Samie
Andreas Imhoff
Ezzat Kamel

11:25 – 11:40  Surgical strategy and technique of shoulder instability
Andreas Imhoff

11:40 – 11:55  Anterior shoulder instability due to bone loss
Mohamed Abo El Nour

11:55 – 12:10  Remplissage: when the Bankart is not enough?
Waled Reda

12:10 – 12:25  The Latarjet procedure: Open is still good for patients
Ahmed Kandil

12:25 – 12:35  Discussion
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Pfizer Symposium

Chairpersons
Hossam El Shafei
Roshdy El Sallab

New Era in VTE prophylaxis
Mohamed Sobhy
Session IV
Massive rotator cuff tear: To preserve or to replace?

Chairpersons
Adel Hamed
Joo Han Oh
Khaled Shoahayeb

01:05 – 01:20 Augmentation of RC repair by LHB; Are results better?
Khaled Shoahayeb

01:20 – 01:35 How to manage irreparable looking massive RCT
Joo Han Oh

01:35 – 01:50 My way of biologic augmentation of RC healing
Joo Han Oh

01:50 – 02:05 Management strategy for rotator cuff
Andreas Imhoff

02:05 – 02:15 Discussion

Lunch 02:15 – 03:15
Session V

AC joint

03:15 – 03:30
Management strategy for AC joint dislocation
Andreas Imhoff

03:30 – 03:45
Midterm results of combined acromioclavicular and coracoclavicular reconstruction using Nylon tape
Ahmed Hany

03:45 – 04:00
Technique of arthroscopic reconstruction of four-parts displaced proximal humerus fractures
Basem Fleega

04:00 – 04:10
Discussion

Chairpersons
Amr Rashwan
Basem Fleega
Mohamed Abo El Nour
Session VI
Patellofemoral joint

Chairpersons
Maher El Assal
Mohamed Radwan
Younes Akl

04:10 – 04:25  Diagnosis of patellofemoral instability
               Maher El Assal

04:25 – 04:40  Algorithm for treatment of patellofemoral instability
               Maged Samy

04:40 – 04:55  Management of patellofemoral problems with trochleaplasty and MPFL reconstruction
               Joerg Jerosch

04:55 – 05:10  Tibial tubercle osteotomy
               Ashraf Abdelkafy

05:10 – 05:20  Discussion
What is new in the shoulder?
Andreas Imhoff  Germany

What is new in the knee?
Ahmed Hany  Egypt
Ezzat Kamel  Egypt

Updates in knee ligaments reconstruction
Ahmed Abd El Aziz  Egypt
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Workshop III

Latest technology in rotator cuff and Bankart repair
Mohamed Morsy  Egypt
Walid Reda  Egypt

Workshop IV
Reverse shoulder arthroplasty

Reverse shoulder arthroplasty
Joerg Jerosch  Germany
Session I
Shoulder Session - Papers

Chairpersons
Hany El Kelesh
Hossam Nagy
Roman Brzoska

09:00 – 09:10  Arthroscopic repair of type-V SLAP lesion
               Amr Abdel Mordy Kandeel

09:10 – 09:20  Arthroscopic suprascapular nerve decompression at the suprascapular notch: new
               arthroscopic landmarks and surgical technique
               Tarek Fetaih

09:20 – 09:30  Arthroscopic Bankaert repair using knot tying suture anchors via anterior portal
               Faisal Zayed

09:30 – 09:40  Arthroscopic Latarjet – is it save for patients?
               Roman Brzoska

09:40 – 09:50  BLS technique for anterior shoulder instability treatment
               Roman Brzoska

09:50 – 09:55  Discussion
Session II

Multi-ligament injured knee: Recent trends

Chairpersons
Ahmed Said
Hossam El Shafei
Roshdy El Sallab

09:55 – 10:10 Controversies with acute multi ligament injured knee?
Ahmed Said

10:10 – 10:25 Chronic combined ACL/PCL/ PLC
Hosam Elshafei

10:25 – 10:40 Role of arthroscopy in acute multi ligament injured knee
Roshdy El Sallab

10:40 – 10:50 Discussion

Coffee Break 10:50 – 11:20
Session III

Does ACL reconstruction Failure equal revision?

Chairpersons
Ahmed Waly
Moheb Fadel
Tarek Khalil

11:20 – 11:35  What is failure? / Non revision solutions for failed ACL
Ihab Ramdan

11:35 – 11:50  Strategies in the management of failed ACL surgery
Tarek Khalil

11:50 – 12:05  Infection after ACL surgery
Faisal El Sherif

12:05 – 12:15  Discussion
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Liptis symposium

Chairpersons
Adel Hamed
Ahmed Abdel Aziz

«Vaxato®, the Trusted Name in DVT Prevention»
«Dorofen®, Overcoming Osteoarthritis Disability»
Dr. Sharif Omar
Vice President, Liptis Middle East and Africa (USA)
Session IV
Foot & Ankle

12:45 – 01:00  Syndesmosis injuries how to avoid the problem
Chris DiGiovanni

01:00 – 01:15  Full arthroscopic repair of syndesmotic injuries
Francesco Allegra

01:15 – 01:30  Foot and ankle injuries in the middle east what are the challenges
Pietre D Hooghe

01:30 – 01:45  Lateral ligament injuries recent updates and techniques
Nasef Mohamed

01:45 – 02:00  Ankle lateral ligament injuries: overview of the arthroscopic treatments
Francesco Allegra

02:00 – 02:10  Discussion

Chairpersons
Chris DiGiovanni
Francesco Allegra
Nasef Mohamed

Luncha 02:10 – 03:10
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Session V

Rotatory Instability with ACL

Chairpersons
Mohamed Sobhy
Said Kareem
Winfried Banzer

03:10 – 03:25
Rotatory instability is it a central or peripheral pathology?
Adham Elsharkawy

03:25 – 03:40
Anterolateral ligament reconstruction
Mohamed Sobhy

03:40 – 04:00
Return to play: a neurocognitive perspective of ACL injury
Winfried Banzer

04:00 – 04:10
Discussion
Session VI

Papers

04:10 – 04:20 The accessory bands of the hamstring tendons: A clinical anatomical study
Hesham El Kady

04:20 – 04:30 Increased posterior tibial slope as a risk factor for multiple failures after ACL-reconstruction
Abdelsamie Halawa

04:30 – 04:40 Short term follow up for the outcome of combined anterior cruciate ligament and anterolateral ligament reconstruction
Fawzy Hamido

04:40 – 04:50 Percutaneous reconstruction of anterolateral ligament of knee with merseline tape
Ahmad M Wagih

04:50 – 05:00 Anatomic reconstruction of the posterolateral corner of the Knee
Mohamed Hamed Fahmy

05:00 – 05:10 Graft healing in anterior cruciate ligament reconstruction
Mohamed El Naggar

04:10 – 05:15 Discussion

Chairpersons

Adel Anwar
Hamed El Gohary
Hesham El Kady
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Workshop I

What is new in the Foot and Ankle?
Nasef Mohamed  Egypt
Pietre D Hooghe  Belgium

Workshop II

Updates in shoulder arthroscopy
Ahmed Waly  Egypt
Mohamed Abo El Nour  Egypt
Workshop III

All knee solutions in one hand
Ayman Ebeid  Egypt
Mohamed Sobhy  Egypt

Workshop IV

All inside ACL using E.B. Family
New concept of all inside adjustable loop and E.B. Direct
Ahmed Abdel Aziz  Egypt
Session I
Lectures – Sports Medicine

Chairpersons
Gamal Hosny
Maged Samy
Mohamed Eraky

09:00 – 09:15  Proximal hamstring pathology diagnosis and treatment.
               Filiep Bataillie

09:15 – 09:30  Acute repair of medial ligament injury
               Moheb Fadel

09:30 – 09:45  Jumpers knee
               Mohamed Abdelsalam Gomaa

09:45 – 09:55  Discussion
Chairpersons
Filiep Bataillie
Hatem Galal
Mac Tey

09:55 – 10:10   Diagnosis of Hip Pathology
Mac Tey

10:10 – 10:25   FAI tips and tricks
Filiep Bataillie

10:25 – 10:40   Labral Tear
Filiep Bataillie

10:40 – 10:55   Cartilage lesion
Mac Tey

10:55 – 11:10   Psoas tendon
Ahmed Hazem

11:10 – 11:25   Complications
Hatem Galal

11:25 – 11:35   Discussion

Coffee Break   11:35 – 12:05
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Session III
Complex Shoulder Pathology (Papers & Lectures)

Chairpersons
Hany Morsy
Hazem Farouk
Mohamed Morsy

Mohamed Morsy

12:20 – 12:35  When and how do I do biceps tenodesis or tenotomy?
Joo Han Oh

12:35 – 12:45  Reliability of arthroscopic assessment of glenoid bone loss in anterior shoulder instabilities
Emad Zayed

12:45 – 12:55  Prognostic factors affecting rotator cuff healing after arthroscopic repair in small to medium-sized tears
Ji Soon Park

12:55 – 01:00  Discussion
Session IV
Osteotomies around the knee

Chairpersons
Ahmed Abd El Aziz
Ezzat Kamel
Joan C. Monllau

01:00 – 01:15   Proximal tibial osteotomies
                Ahmed Abd El Aziz

01:15 – 01:30   Osteotomy to correct lower limb deformities.
                Joan C. Monllau

01:30 – 01:40   Discussion
Orthotic Treatment for Foot Deformity
Dr. Khaled El Deeb
Session V
Meniscal Repair

Chairpersons
Akram El Dawodi
Mohamed Abd El Hamed
Safwat Shalaby

02:10 – 02:25 More and more evidence
Mohamed Abdelhamid

02:25 – 02:40 Root Repair
Abdelrhman Elganiny

02:40 – 02:55 Ramp repair with ACL
Ahmed Fouad

02:55 – 03:10 Outcome of meniscal repair
Joan C. Monllau

03:10 – 03:20 Discussion

Lunch 03:20 – 04:20
Session VI

Miscellaneous: Lectures & Papers

Chairpersons
Amr Ahmed
Mohamed Gouda
Wael Abd El Kareem

04:20 – 04:35  Easy and reproducible technique of anatomic soft tissue and BTB ACL reconstruction
Joan C. Monllau

04:35 – 04:45  Arthroscopic release of talo-calcaneal coalition
Wael Abd El Kareem

04:45 – 04:55  Ankle syndesmosis controversies
Anant Mahapatra

04:55 – 05:05  The optimum tension for bridging sutures in transosseous-equivalent rotator cuff repair: A cadaveric biomechanical study
Ji Soon Park

05:05 – 05:15  Medial patellofemoral ligament reconstruction by using semitendinosus
Mohamed El Nahas

05:15 – 05:20  Discussion
Chairpersons

Mohamed El Shafie
Naser Selim
Sherif Sukkar

05:20 – 05:30  ACL single bundle in comparison to double bundle is equally good!
Anant Mahapatra

05:30 – 05:40  Revision ACL reconstruction by hamstring tendon auto graft
Mohamed Abulsoud

05:40 – 05:50  Combined anatomic reconstruction of the anterior cruciate and anterolateral ligaments using hamstring graft through a single femoral tunnel and with a single femoral fixation
Assem Mohamed Nour El-Din

05:50 – 06:00  Modified technique for for arthroscopic double bunle ACL reconstruction
Naser Selim

06:00 – 06:10  The importance of Schuss view of the knee in evaluating unicompartment arthritis and preop planning
Mohamed Rizk

06:10 – 06:20  Discussion
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2018

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