

Erfahrungsbericht PJ

England, Newcastle

Royal Victoria Infirmary (RVI)

Endocrine Surgery

January – March 2016

Planning for the trip takes about a good 9 months in advance. I have got connections to the University of Newcastle and managed to secure a supervisor by myself. The university sees a strict 6 months before commencement of the electives to ensure that there are ample time to process the documents as well as to find a suitable supervisor for the requested elective.

The required documents for application can be obtained in the following link:

<http://www.ncl.ac.uk/mbbs/support/inelectives.htm>

Alternatively, you may wish to contact the elective coordinator Ms Sadijah Salem at

medical.electives@ncl.ac.uk.

Apart from applying for a visa for non-eu students, elective applicants have to apply for 2 DBS with the town house (one during application and one prior to departure) to ensure that the applicant has clean records. For applicants interested in doing pediatrics, an enhanced DBS is required. Good English proficiency (at least IELTS 7 in all components) is required for the application. Upon fulfilling the application requirements, the university will issue a letter of acceptance and an application fee of 75 Pounds is required to secure your placement. There are no tuition fees, however applicants have to arrange their own accommodation. I secured a 1 room share apartment with 8 other tenants at Chinatown via AirBnB for a monthly rental of 450 Pounds, which was average according to local students.

There are no direct flights from Frankfurt to Newcastle Airport. Cheap air tickets (approx 250 Eur) can be obtained by KLM. Please remember to bring your CAS along as the customs officers are very strict about it.

The medical school elective office is efficient and replies emails within 2 working days. On the first day of the elective, students have to take a metro to the Regent Centre to collect their security pass before they are allowed to step into the premises of the hospital.

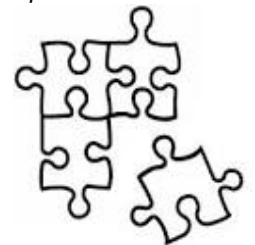
It would be best to apply for an elective in summer. Winters in UK can be rainy and at times really windy. The best mode of transport in Newcastle is the Metro.

A map and a timetable for the Metro can be found under the following link:

<http://www.nexus.org.uk/metro>

Organisation




z.B. an was muss ich im Vorfeld denken? Was muss ich mit wem im Vorfeld erledigen, wann und wo? Auswahl der Institution, Kontakte, Telefonnummern, Visum, Gesundheit, Kosten (Ausbildungsgebühren, Flug, Unterkunft ...), Sicherheit, Sprache...



Anreise

z.B. was ist die beste Zeit, wie komme ich hin, wie erreiche ich meine Unterkunft, wie bewege ich mich am besten in der Stadt?



<p>Newcastle being one of the bigger cities in the UK, has many sightseeing spots to visit. It is also one of the 5 cities to have a Chinatown. The Newcastle United football stadium is also a stone throw away from the hospital. Major shopping outlets are also in close proximity (i.e. Haymarket). Information on sight seeing locations can be obtained here: http://www.newcastlegateshead.com/things-to-do/attractions</p> <p>Best place to have Fish and Chips is at Colmans of South Shields. A decent portion costs between 8 - 10 GBP. For breakfast, the locals would recommend The Butter Cabinet as they offer affordable English breakfast sets.</p>	<p>Land & Leute <i>z.B. spezielle Eigenheiten des Landes, Freizeitgestaltung Essen und Trinken, etc.</i></p> 
<p>My elective in the endocrine surgery was definitely a superb decision. Mr Richard Bliss, the consultant of endocrine surgery, was a supportive man. He gave me ample of opportunities to scrub in operations, attend clinics and multi-disciplinary meetings (MDM). During my stint in RVI, I rotated in upper gastrointestinal department, colorectal department, endocrine surgery and breast surgery. Prior to my elective, I bought and read the Oxford Handbook for surgery. The book is compact yet sufficient for me to grasp the concepts and apply medical terms in English. In every department, there would be a day for paper work (i.e. discharge summaries etc.) and a day for MDM. The MDM would either take place at RVI or at the Freeman hospital. To get to the Freeman hospital, one just has to board the hopper at the main entrances of the hospital. There are two days for clinics and two full days for operations. On those days where there's clinic session in the morning, operations would be scheduled in the afternoon.</p>	<p>Fachliches <i>z.B. was habe ich mit wem gemacht? Wie waren meine fachlichen Eindrücke? Wurden meine Kurse anerkannt, etc.</i></p> 
<p>Elective students have to take initiative to organize their own rotations. There are additional off days due to NHS junior doctor's strike! Lots of protocols to fill up! Even cannulation has a protocol too!</p>	<p>Negatives <i>z.B. was hat nicht gut geklappt, womit hatte ich zu kämpfen, was wäre besser gelaufen, wenn ich anders darauf vorbereitet gewesen wäre?</i></p> 
<p>Elective students can assist the anaesthetists before the operation. I got the opportunity to cannulate and intubate the patient! Ask to do on calls! During on call duties, students attend to patients at the emergency department and scrub in for non elective operations!</p>	<p>Positives <i>z.B. was hat mir besonders gut gefallen, welche Erfahrung möchte ich unbedingt teilen, was möchte ich anderen mitgeben?</i></p> 