

## Vocal Training for the Virtual Stage: Communicating with Confidence and Accuracy

### Objective

A trainer with a professional theatre background will work with participants to optimize their verbal and non-verbal skills presenting in a virtual setting. Integral to voice and body training is the central idea that physical and vocal dynamics are connected to the speaker's motivation and to the importance of the information being communicated. The trainer identifies the verbal challenges of each speaker, giving attention to breath, articulation, intonation, volume, modulation and tempo. Coaching is given to optimize non-verbal communication before the camera such as gesture, positioning, distance and eye contact.

The workshop is designed to be interactive and tailored to the participants needs. Participants will meet in the **morning sessions 9:00 -12:30 o'clock** for a session to train vocal and non-verbal communication techniques, using free-speaking exercises as a method to integrate learned skills.

Participants are then clustered by the trainer in small groups for intensive one-hour coaching in the **afternoon sessions between 13:30 and 17:00 o'clock**. Participants monitor their improvement and implement feedback with coaching given during a short impromptu or prepared talk. You will receive further information concerning your individual schedule of the afternoon sessions 2 weeks before the workshop.

### Description

- Optimize delivery for the camera and microphone
- Intensive exercises to identify vocal and physical inhibitions
- Strengthen and release tension in the voice and body
- Identify dynamics and presence in front of the camera
- Make conscious vocal choices in the delivery of the presentation to communicate each idea with clarity and precision
- Use non-verbals to make points and to underline key ideas with fluid gestures

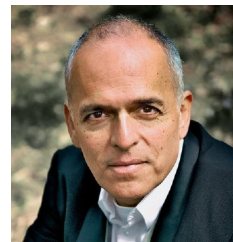
### Methodology

- Vocal and physical exercises
- Group coaching with individual support
- Impromptu speaking

### Organizational Information

Language	English
Target group	Doctoral Candidates at all stages and Postdocs from all faculties
Date	Thursday, 17 June & 24 June 2021 Workshop: 9:00 – 12:30 Coaching session à 1 hour in small groups between 13:30 – 17:00
Registration	<a href="#">For registration click here</a>

### Trainer



**Ric Oquita**  
Impulsplus, Köln

- Specialized in interpersonal communication skills
- B.A. and M.A. in Theater Arts, University of Southern California and Cornell University
- Several administrative positions as a project leader, associate producer and education director